

August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Whole Grain Cereal w/ Fruit	Blueberry Muffin w/ Fruit	Whole Grain Croissant w/Fruit	Whole Grain Waffles w/Fruit	Whole Grain Bagel w/Fruit
Whole Grain Chicken Nuggets w/Carrots w/BBQ Dipping Sauce Fruit	Haitian Spaghetti & Chicken Sausage w/Whole Grain pasta w/Green Beans Fruit	Beef Stir Fry w/Whole Grain Brown Rice w/Stir Fry Vegetables Blend Fruit	Breakfast Turkey Sausage w/Whole Grain Mini Waffles w/Homefries Fruit	Whole Grain Cheese Pizza w/Vegetable Medley Fruit
Pancake, Fruit, Milk/Water	Gold Fish, Fruit, Milk/Water	Yogurt, Fruit, Water	Wheat Thins Snacks, Fruit, Milk/Water	Sweet potato, Fruit, Milk/Water
9	10	11	12	13 Professional Development Day No School
Whole Grain Cereal w/ Fruit	Blueberry Muffin w/ Fruit	Whole Grain Croissant w/Fruit	Whole Grain Waffles w/Fruit	
Beef & Bean Burrito w/Whole Grain Brown Rice w/Corn Fruit	Thai Curry Chicken w/Whole Grain Noodles w/Broccoli Fruit	Whole Grain Popcorn Chicken w/Sweet & Sour Dipping Sauce w/Green Beans Fruit	Arroz Con Pollo (Chicken) w/Whole Grain Brown Rice w/Carrots Fruit	
Mozzarella Cheese Sticks, Fruit, Water	Terra Vegetable Chips, Fruit, Milk/Water	French Toast Sticks, Fruit, Milk/Water	Yogurt, Fruit, Water	
16	17	18	19	20
Whole Grain Cereal w/ Fruit	Blueberry Muffin w/ Fruit	Whole Grain Croissant w/Fruit	Whole Grain Waffles w/Fruit	Whole Grain Bagel w/Fruit
American Chop Suey, w/Whole Grain Pasta w/Vegetables Medley Fruit	Chicken & Turkey Kielbasa Jambalaya w/Whole Grain Brown Rice w/California Blend Vegetables Fruit	Caribbean Chicken w/ Peppers, w/Whole Grain Brown Rice w/ Mixed Vegetables Fruit	Beef Nachos w/ Shredded Cheddar Cheese w/Black Beans & Corn w/WG Tortilla Wrap Fruit	Whole Grain Crispy Chicken Sandwich w/Whole Grain Sweet Roll w/Sweet Potato Wedges Fruit
Wheat Thins Snacks, Fruit, Milk/Water	Yogurt, Fruit, Water	Pancake, Fruit, Milk/Water	Sweet potato, Fruit, Milk/Water	Gold Fish, Fruit, Milk/Water
23	24	25	26	27
Whole Grain Cereal w/ Fruit	Blueberry Muffin w/ Fruit	Whole Grain Croissant w/Fruit	Whole Grain Waffles w/Fruit	Whole Grain Bagel w/Fruit
Corn & Poblano Empanada w/Whole Grain Brown Rice w/Carrots Fruit	WG Cheese Quesadilla w/Black Beans & Corn w/Sour Cream PC Fruit	Chicken Sausage & WG Maple Waffle Sandwich w/Sweet Potato Tater Tots Fruit	BBQ Chicken w/Whole Grain Macaroni & Cheese w/Green Beans Fruit	Bean & Cheese Burrito w/Whole Grain Brown Rice w/ Mixed Vegetables Fruit
Yogurt, Fruit, Water	French Toast Sticks, Fruit, Milk/Water	Mozzarella Cheese Sticks, Fruit, Water	Terra Vegetable Chips, Fruit, Milk/Water	Saltine Crackers, Fruit, Milk/Water
30	31			
Whole Grain Cereal w/ Fruit	Blueberry Muffin w/ Fruit			
Sloppy Joe's w/Whole Wheat Bun w/Tater Tots Fruit	Chicken Alfredo w/Whole Grain Pasta w/Broccoli, Fruit			
Sweet potato, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water			
				Notes: <div style="background-color: #ffff00; padding: 2px;">Breakfast</div> <div style="background-color: #00a6c8; padding: 2px;">Lunch</div> <div style="background-color: #999999; padding: 2px;">Snack</div>