

April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Whole Grain Waffles w/Fruit	2 Whole Grain Bagel w/Fruit
			Whole Grain Chicken Tenders w/ Baked Beans w/ BBQ Dipping Sauce Fruit	Chicken Meatball Sub w/ Marinara w/ Whole Wheat Sub Roll w / California Blend Vegetables Fruit
			Animal Cracker, Fruit, Milk/Water	Gold Fish, Fruit, Milk/Water
5 Whole Grain Cereal & Fruit	6 Blueberry Muffin & Fruit	7 Whole Grain Croissant w/Fruit	8 Whole Grain Waffles w/Fruit	9 Whole Grain Bagel w/Fruit
Breakfast Turkey Sausage w/ WG Cinnamon Glazed French Toast w/ Home Fries Fruit	Chicken Parmesan w/ WG Pasta w/ Broccoli Fruit	BBQ Texas Burger w/ Onion Ring w/ Wheat Hamburger Bun w/ Baked Beans Fruit	Tuscan Chicken w/ WG Brown Rice w/ Carrots Fruit	WG Popcorn Chicken w/ WG Brown Rice w/ Green Beans Fruit
Pancake, Fruit, Milk/Water	Wheat Thins Snacks, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water	Yogurt, Fruit, Water	Sweet Potato, Fruit, Milk/Water
12 Whole Grain Cereal & Fruit	13 Blueberry Muffin & Fruit	14 Whole Grain Croissant & Fruit	15 Whole Grain Waffles w/Fruit	16 Whole Grain Bagel w/Fruit
Beef Chili w/ Cheese w/ WG Biscuit w/ Green Bean Fruit	WG Chicken Nuggets w/ WG Brown Rice w/ Baked Beans Fruit	BBQ Chicken w/ WG Cornbread w/ Broccoli Fruit	Meatloaf w/ Gravy w/ WG Brown Rice w/ Mixed Vegetables Fruit	Crispy Chicken n' Waffle w/ WG Waffle w/ Sweet Potato Tater Tots Fruit
Gold Fish, Fruit, Milk/Water	Yogurt, Fruit, Water	Pancake, Fruit, Milk/Water	Sweet Potato, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water
19 Patriot's Day	20 Blueberry Muffin & Fruit	21 Whole Grain Croissant & Fruit	22 Whole Grain Waffles w/Fruit	23 Whole Grain Bagel w/Fruit
	Honey Garlic Chicken w/ WG Brown Rice w/ Green Beans Fruit	American Chop Suey w/ WG Pasta w/ Broccoli Fruit	Asian Beef Stir Fry Bowl w/ WG Brown Rice w/ Edamame & Corn Fruit	WG Macaroni & Cheese w/ Green Peas Fruit
	Sweet Potato, Fruit, Milk/Water	Wheat Thins Snacks, Fruit, Milk/Water	Animal Cracker, Fruit, Milk/Water	Yogurt, Fruit, Water
26 Whole Grain Cereal & Fruit	27 Blueberry Muffin & Fruit	28 Whole Grain Croissant & Fruit	29 Whole Grain Waffles w/Fruit	30 Whole Grain Bagel w/Fruit
Mozzarella Stick Parmesan w/ Stew Tomatoes w/ WG Pasta w/ WG Garlic Bread Fruit	Breakfast Turkey Sausage w/ WG Pancakes w/ Tater Tots Fruit	Chicken Teriyaki Potstickers w/ WG Brown Rice w/ Green Beans Fruit	WG Crispy Chicken w/ WG Macaroni & Cheese w/ Black Eyed Peas Fruit	Sloppy Joe's w/ Whole Wheat Bun w/ Broccoli Fruit
Yogurt, Fruit, Water	Animal Cracker, Fruit, Milk/Water	Gold Fish, Fruit, Milk/Water	Pancake, Fruit, Milk/Water	Sweet Potato, Fruit, Milk/Water
				Notes: Breakfast Lunch Snack